

Clinic to hold Health Day for area children

Total Care Chiropractic will host a Children's Health Day Aug. 13. The free public event will run from 10 a.m. to 1 p.m. at the Mid-American Center, 1 Arena Way.

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The free public event will run from 10 a.m. to 1 p.m. at the Mid-American Center, 1 Arena Way.

The event will feature vision and hearing tests, personal medical advice, health information, a bicycle rodeo and a chance to meet players from the Iowa Blackhawks arena football team.

The Lions Club will provide preschool eye screenings, and the Omaha Hearing School will conduct hearing tests. Dr. Denise Woods, D.C., from Total Care Chiropractic and a representative from Physicians Clinic will be available to specifically address children's health issues and the Visiting Nurse Association of Pottawattamie County will provide information on immunizations and child and maternal care.

In addition, representatives from the American Red Cross will discuss germ control.

The Pottawattamie County Sheriff's Office will hold a bike rodeo and provide bicycle safety tips.

The department will give away free bicycle helmets to the first 100 children who do not already have one.

The Council Bluffs Fire Department will set up its safety house and provide fire prevention tips.

Several local organizations will operate information booths, including MOPS, Sam's Club, Hanger Orthotics & Prosthetics, Child Care Resource & Referral, Lutheran Family Services, Partners for Meth Prevention and Union Pacific Railroad.

Players from the Iowa Blackhawks arena football team will be on hand to sign autographs and toss the football around with young athletes.

The event is free and open to the public.